Nicola Sinclair
EXPERIENCES



AN INTIMATE CULTURAL JOURNEY WITH NICOLA SINCLAIR

Autumn in Umbria

13 – 19 SEPTEMBER 2027

Join me, Nicola Sinclair, food stylist and passionate admirer of all things Italian, in September 2027 for an exclusive cultural journey to the heart of Umbria—a place where history and the senses intertwine.

We will be welcomed into the beautifully restored 12th-century monastery of dear friends Lavinia and Alessandro Lusso Marconi, a breathtaking sanctuary nestled on the slopes of Mount Subasio, close to Assisi. Over ten centuries of history are etched into this unique building, which has evolved from a monastery to a patrician residence and is now one of Umbria's most fascinating historical dwellings, surrounded by ancient olive groves that produce some of the finest organic olive oil in the region.

This is a historical family home. Lavinia, Alessandro and I will accompany you each day, welcoming you as their special guests.











During our stay in this extraordinary home, we will be immersed in its rich history. The monastery holds treasures such as its ancient Roman aqueduct—still flowing after centuries and providing water to Assisi today. We will explore its private chapel, where, it is said, St. Francis of Assisi sought refuge and St. Clare performed her first miracle with her sister, St. Agnes. This is not just a place to stay; it is a breathing monument, where the past seamlessly intertwines with the present, offering guests a rare opportunity to connect with centuries-old stories amidst the tranquility of its ancient landscape.

Together we will guide you through an intimate exploration of Umbrian history, art, architecture and gastronomy. Through our friendships you will be welcomed into the noble private homes of families we know well, who will share their stories over magnificent lunches. Some of these palazzi date back to the 11th and 12th centuries, with their exquisite trompe-l'oeil frescoes, hidden gardens and private art collections, and one in particular was once inhabited by popes and cardinals, opening a rare window into the grandeur of Italy's past.

Our time in Umbria will be filled with unforgettable experiences:

- Strolling through vibrant local markets and meeting skilled artisans.
- A hands-on cooking class and an olive oil tasting.
- Wandering gardens, palatial interiors and private art collections.
- Cycling through rolling hills on an e-bike.
- Sampling seasonal delicacies: foraged mushrooms and world-renowned Perugian chocolate.
- Sharing stories over intimate dinners at the family table, often inviting local friends.



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BRING YOUR PEOPLE, OR MEET NEW ONES

Come with your own friends or family, or join a small group of like-minded, hand-chosen guests. Six to eight in all.

BEHIND CLOSED DOORS

A rare glimpse into the privates homes of storied noble families.

YOUR OWN SPACE

Each bedroom has its own private bathroom.

AT A GLANCE

DATES	13 – 19 September 2027 (six nights)
WHERE	A 12th-century monastery on Mount Subasio, near
GUESTS	Assisi Six to eight, hand-chosen
ROOMS AVAILABLE	Twin share Single (private room)
INCLUDED	Accommodation, meals, wine and all experiences
NOT INCLUDED	Flights and travel insurance





Join me for six nights of discovery, connection and inspiration, as we celebrate the beauty and soul of Umbria together.

I would love to share more with you. Please reply to my email to arrange a time to have a call, or write to nicolasinclairstylist@gmail.com

With
warmth,
Nicola

Travelling with friends or family? Bring them along, or pass this on to a curious, like-minded friend. Travelling solo? Each guest is hand-chosen, bringing together like-minded new friends.